

Newsletter sponsored by the Student Nurses Association of Trinitas School of Nursing

Preparing for Final Exams and Upcoming Registration

Most courses have had or will be having their 4th exams, so it's time to prepare for final exams. So often students seem perplexed by what will be on final exams. The answer to that question is fairly simple – everything. Universally, final exams are cumulative and require an ability to transfer knowledge previously obtained and move it forward. Many students struggle with this transfer because their initial grasp was superficial, as opposed to a deep understanding.

Typically, in the program, there will be some new content on the final exams. This content, because of the timing in the calendar, will be things that were not present on the 4th exam. On average, it can make up between 10 – 30% of the total number of questions in a final. Students should prepare for this content, the way that they have prepared for previous exams. Studying should be purposeful to obtaining a level of comfort with concepts, so that they can be employed in a variety of situations. The approach should be focused on creating depth of knowledge that creates a clinical picture of patients affected by particular conditions and situations and what the **nurse needs to know** to provide safe and effective care. Following that, attention to methods to practice applying knowledge and grasp of concepts, should include at a minimum, use of questions, case studies and/or group discussion.

In regards to the cumulative material, students must concentrate on concepts that were important enough to be addressed in the initial evaluations. If patients in a particular clinical situation were a focus on the unit exam, you can expect that they will resurface. Some examples from different courses can be seen below:

1. In fundamentals, students learned identification of signs of infection and application of knowledge of isolation techniques. These concepts will now be seen in varying situations covered throughout the program, as opposed to singularly focused.
2. Therapeutic communication that is applicable to the situation is required in all areas
3. Recognition and management of respiratory distress and hypoxia, can be seen in a variety of clinical situations throughout Med/Surg and Pediatrics.
4. Situations affecting cardiac output, fluid balance or bleeding and their impact on homeostasis, are important concepts in all areas of nursing.

Taking these ideas from the general to the specific should be the next step in preparation. Application of the nursing process can then be used to address specific situations. In the first Med/Surg course, an example of an important topic covered in a unit exam and likely to be seen in the final exam would be something like CAD and chest pain. The nurse, must be able to apply the nursing process while considering patients with chest pain. The nurse, and therefore the nursing student, must be able to:

1. Assess patients having chest pain
2. Plan for their care in a global and specific way
3. Implement nursing and collaborative interventions, while understanding the rationales
4. And finally, use evaluation to determine the patients' response to interventions and their status at any point during management

A piece of the puzzle that students must remember is that the implementation phase of the nursing process includes pharmacological therapies. In addition to having knowledge of both the pharmacological and therapeutic actions, being able to again apply the nursing process is required.

1. Assess patients receiving medications for chest pain
2. Safely plan their care while receiving them
3. Implement appropriate actions related to these medications
4. Evaluate the achievement of the therapeutic effect and development of common adverse effects

Student Nurses Association: SNA

The next meeting for the semester will be on **Wednesday May 4th beginning at 3pm** and will be held in room 330. All class representatives are requested to attend this meeting. The main topic at Wednesday's meeting will be nomination and confirmation of new officers for the upcoming academic year. Additionally, various volunteer lists for events like the Graduate Luncheon, Convocation, and the summer Haiti project will be finalized.

Information and Explanation of Registration Process

Registration for the LPN-RN track summer and Generic track fall 2016 sessions will be coming up before you know it. Summer session registration occurs in May and Fall registration occurs at the end of May and throughout June. All the required information and dates for specific courses can be found in the "Registration Modules" within the CANVAS Trinitas Students, Faculty and Administration shell: TSON-COMM. The process will once again be done using electronic sign up to develop the list for in person registration, so make sure that you can get to this site and are aware of your specific date and time.

Because of the change from ANGEL to CANVAS, the steps may be slightly different and it is strongly recommended that students use a laptop or PC and AVOID using a mobile device for electronic sign up. When you enter the TSON-COMM shell, hit the link for "modules", which is found to the left of the screen. Find the module for electronic sign up and click on the link for whatever course you are entering. While you may be able to see or preview the file, if you enter it now, it will not allow you to submit anything until it officially opens on the designated date and time. It is going to say that you are doing a practice quiz and the question will be that you are signing up to register for a specific course. You should answer the question with "true" and then submit. This will record your name and the time of submission. There is no specific print key, but if desired, you can capture and print a screen shot.

More important than the electronic sign up, the required documents must be in order for registration.

- **Health Clearance:** Requirements are different for students entering NURE 132/250 and above. Physical, Drug screening and Criminal Background check, do not need to be repeated, but the Mantoux test (PPD) must be done annually. To be allowed to register for your course, your PPD test should cover the time till at least **December 21st 2016**. Submit the result to Student Health Coordinator: P. Stansfield.

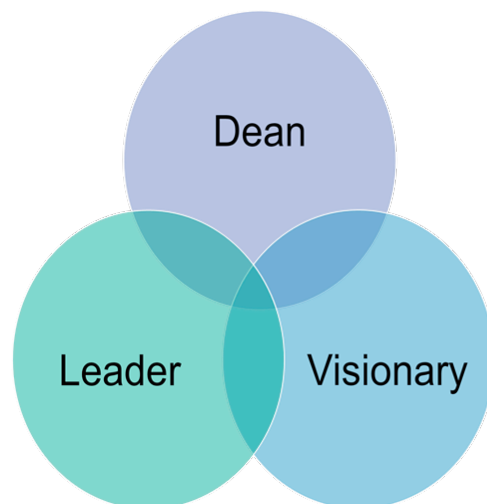


Those registering for NURE 131 and 211/212 are required to have all components of the health, drug and criminal clearance and follow all directions given by the 130 coordinator and within the registration folder.

Other components that must be active until the end of the year, include malpractice insurance (two million dollars per occurrence and four million dollars aggregate), AHA Health Care Provider CPR, and TRMC Mandatory Education; be sure to follow the checklist carefully, so nothing is missed.

The Student Nurses Association

Recognizes the innumerable contributions and unwavering leadership of Dean Marybeth Kelley as she retires after 46 years of dedicated service to the vision and philosophy of the School of Nursing.



Marybeth Kelley LL. D (Hon), MSN, MEd, RN, CNE,
ANEF
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